

## August 2016

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 No Workouts	2 No Workouts	3 No Workouts	4 No Workouts	5 No Workouts	6 No Workouts	7 No Workouts
8 No Workouts	9 No Workouts	10 TRYOUTS 5-9PM	11 TRYOUTS 5-9PM	12 TRYOUTS 5-9PM	13	14
15 Var 8-11am JV 8-10am Fresh 8-10am Meet Team 7:00pm Upton Open Gym 6-8pm22	16 USA Store/Pictures 2:30-4:30 Var 4-7pm 5:30-7 Fresh/JV scrimmage vs LMC	17 Var 8-11am JV 8-10am Fresh 8-10am Upton meeting 5:30- Upton Open Gym 6-8pm	18 Var 8-11am JV 8-10am Fresh 8-10am	19 Var 8-11am JV 8-10am Fresh 8-10am	20 <b>GH Tourney/Var</b>  <b>SJHS JV Tourney/</b> <i>Fresh and JV</i>	21
22 <b>Vicksburg Quad/</b> <b>Var 4:00pm</b> JV 8-10am Fresh 8-10am Upton Tryouts 6-8:30pm	23 Var 3-6pm JV 8-10am Fresh 8-10amUpton Tryout 6-8:30pm	24 Var 3-6pm JV 8-10am Fresh 8-10am	25 Var 3-6pm JV 8-10am Fresh 8-10am	26 Var 3-6pm JV 8-10am Fresh 8-10am	27	28
29 <b>Coloma Quad/Var</b> <b>4:00pm</b> JV 8-10am Fresh 8-10am	30 Var 3-6pm JV 8-10am Fresh 8-10am	31 <b>Lakeview/Away</b>				

## September 2016

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1 Var 3:15-5:45 PM JV 4-6 PM Fresh 3:00-5:00 PM	2 <b>No practice/Labor Day weekend</b>	3 <b>No practice/Labor Day weekend</b>	4 <b>No practice/Labor Day weekend</b>
5 <b>No practice/Labor Day weekend</b>	6 Var 3:15-5:45 PM JV 4-6 PM Fresh 3:00-5:00 PM	7 <b>Gull Lake @ Home</b>	8 Var 3:00-3:30/ <b>Team Dinner</b> JV 4-6 PM Fresh 3:00-5:00 PM	9 Var 6:00-7:15 AM JV 4-6 PM Fresh 3:00-5:00 PM	10	11
12 Var 3:15-5:45 PM JV 4-6 PM Fresh 3:00-5:00 PM	13 Var 3:15-5:45 PM JV 4-6 PM Fresh 3:00-5:00 PM	14 <b>Kalamazoo Central/Away</b>	15 Var 3:15-5:45 PM JV 4-6 PM Fresh 3:00-5:00 PM	16 Var 6:00-7:15 AM JV 4-6 PM Fresh 3:00-5:00 PM	17 <b>PCHS Tourney/Var</b>	18
19 Var 3:15-5:45 PM JV 4-6 PM Fresh 3:00-5:00 PM	20 Var 3:15-5:45 PM JV 4-6 PM Fresh 3:00-5:00 PM	21 <b>PNHS @ Home</b>	22 Var 3:15-5:45 PM JV 4-6 PM Fresh 3:00-5:00 PM	23 Var 6:00-7:15 AM JV 4-6 PM Fresh 3:00-5:00 PM	24 <b>PCHS Power League/Var</b>	25
26 Var 3:15-5:45 PM JV 4-6 PM Fresh 3:00-5:00 PM	27 Var 3:15-5:45 PM JV 4-6 PM Fresh 3:00-5:00 PM	28 <b>Lakeshore @ Home</b>	29 Var 3:00-3:30/ <b>Team Dinner</b> JV 4-6 PM Fresh 3:00-5:00 PM	30 Var 6:00-7:15 AM JV 4-6 PM Fresh 3:00-5:00 PM		

## October 2016

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					1	2
3 <i>Paw Paw @ Home</i> <b>SENIOR NIGHT</b>	4 <i>Gull Lake Mini</i> JV 4-6 PM Fresh 3:00-5:00 PM	5 Var 3:15-5:45 PM JV 4-6 PM Fresh 3:00-5:00 PM	6 Var 3:15-5:45 PM JV 4-6 PM Fresh 3:00-5:00 PM	7 Var 6:00-7:15 AM JV 4-6 PM Fresh 3:00-5:00 PM	8	9
10 <i>Buchanan @ Home Var &amp; JV only</i>	11 Var 3:15-5:45 PM JV 4-6 PM Fresh 3:00-5:00 PM	12 <i>Niles Away</i>	13 Var 3:00-3:30/ <i>Team Dinner</i> JV 4-6 PM Fresh 3:00-5:00 PM	14 Var 6:00-7:15 AM JV 4-6 PM Fresh 3:00-5:00 PM	15	16
17 Var 3:15-5:45 PM JV 4-6 PM Fresh 3:00-5:00 PM	18 Var 3:15-5:45 PM JV 4-6 PM Fresh 3:00-5:00 PM	19 <i>PCHS Away</i>	20 Var 3:15-5:45 PM JV 4-6 PM Fresh 3:00-5:00 PM	21 Var 6:00-7:15 AM JV 4-6 PM Fresh 3:00-5:00 PM	22 <i>St. Joe. Var. Tourney</i>	23
24 Var 3:15-5:45 PM JV 4-6 PM Fresh 3:00-5:00 PM	25 Var 3:15-5:45 PM JV 4-6 PM Fresh 3:00-5:00 PM	26 Var 3:15-5:45 PM JV 4-6 PM Fresh 3:00-5:00 PM	27 Var 3:15-5:45 PM JV 4-6 PM Fresh 3:00-5:00 PM	28 Var 6:00-7:15 AM JV 4-6 PM Fresh 3:00-5:00 PM	29 <i>SMAC. Var Tourney. @ Lakeview</i>	30

# November 2016

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
31	1 <b>Districts</b>	2	3 <b>Districts</b>	4	5	6
7	8 <b>Regionals</b>	9	10 <b>Regionals</b>	11	12	13
14	15 <b>State</b>	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				